

Join the *Lax County, USA* Team

Join *Lax County, USA* to help build & develop the game of lacrosse in your area, while supporting a *Lax City, USA* partner. Become a **member county** of this grassroots effort to help build an inclusive lacrosse community.

Inclusive Youth Lacrosse Programs (First Steps Lacrosse, Speed Lacrosse)

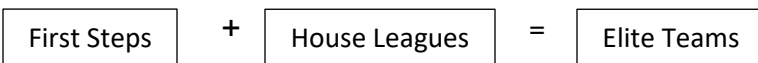
- **Foster & Encourage:**
 - Fun – Playing a sport is fun!
 - Instructive – Competence equals confidence
 - Respectful – Everyone is welcome
 - Positive – Don't focus on the mistake
- **Teach and Promote:**
 - Physical Literacy – Competence and Confidence
 - Physical Fitness – Healthy active lifestyle
 - Encourage an Active Lifestyle for life



➤ Physical Activity for Health

Fundamental Movements ➔ Fundamental Skills ➔ Physical Literacy ➔ ACTIVE LIFESTYLE

➤ Sporting Excellence



- **Reduce Barriers of Entry:**
 - Expense – Equipment & Fees
 - Availability for beginners – Entry level clinics / leagues
 - Fear of Incompetence – Afraid to make a mistake
 - Fear of Injury – Programs which eliminate contact
- **Support Local Recreation Councils:**
 - Money – Raise funds through our programs
 - Participants - Increase the number of players
 - Resources – Instruction, Fields, Volunteers
 - Celebrate – Tournaments & Festivals
- **re-laxin.com**
 - *Community Outreach Classified Ads (swap site)*
 - *Buy, Sell, Trade, Donate New & Used Lacrosse Equipment and Gear*
 - *reuse – recycle – replay – relax*



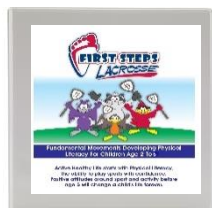
Support and Team up with a Lax City, USA Partner

- **Player Funds** – Participation and Equipment costs
- **Program Costs** – Organization, Marketing & Promotions
- **Volunteer** – Help run programs
- **Collaborate** – Promote Lax County & Lax City Events



Join as an "Elite" Lax County, USA member and receive 2 Complete Packages (2 First Steps Lacrosse Kits & 2 SPEED Court Kits) and free access to re-laxin.com. Keep one complete package for your organization and donate a complete package to your Lax City, USA partner.

FIRST STEPS LACROSSE Complete Class Kit



Package Includes:

- 1 - *First Steps Lacrosse Complete Program*
(Includes: Complete Age Appropriate Lesson Plans, Curriculum Outline, Program Manual, Instructor Tutorial, Program Certification, Theoretical Base & Behavior Management)
- 14 - *Custom First Steps Lacrosse Sticks (Extra Large Head & Custom Shaft)*
- 24 - *Soft Gamma Balls*
- 1 - *First Steps Lacrosse Custom Tote Bag*

The SPEED Court Kit™



Whether you are on grass, turf, asphalt, hardwood or sand - the SPEED Lacrosse Court Kit makes the game possible anywhere.

The court boundary-line reel system is revolutionary, allowing you to play SPEED within 10 minutes.

The full court kit includes:

- 1 40 yard x 20 yard fully marked & branded SPEED Lacrosse court boundary-line system
- 2 SPEED branded crossbar slip nets
- 1 SPEED Carry Sack™
- 2 3'6" x 3'6" modular steel SPEED Cages™
- 12 SPEED Lacrosse Official Balls™

